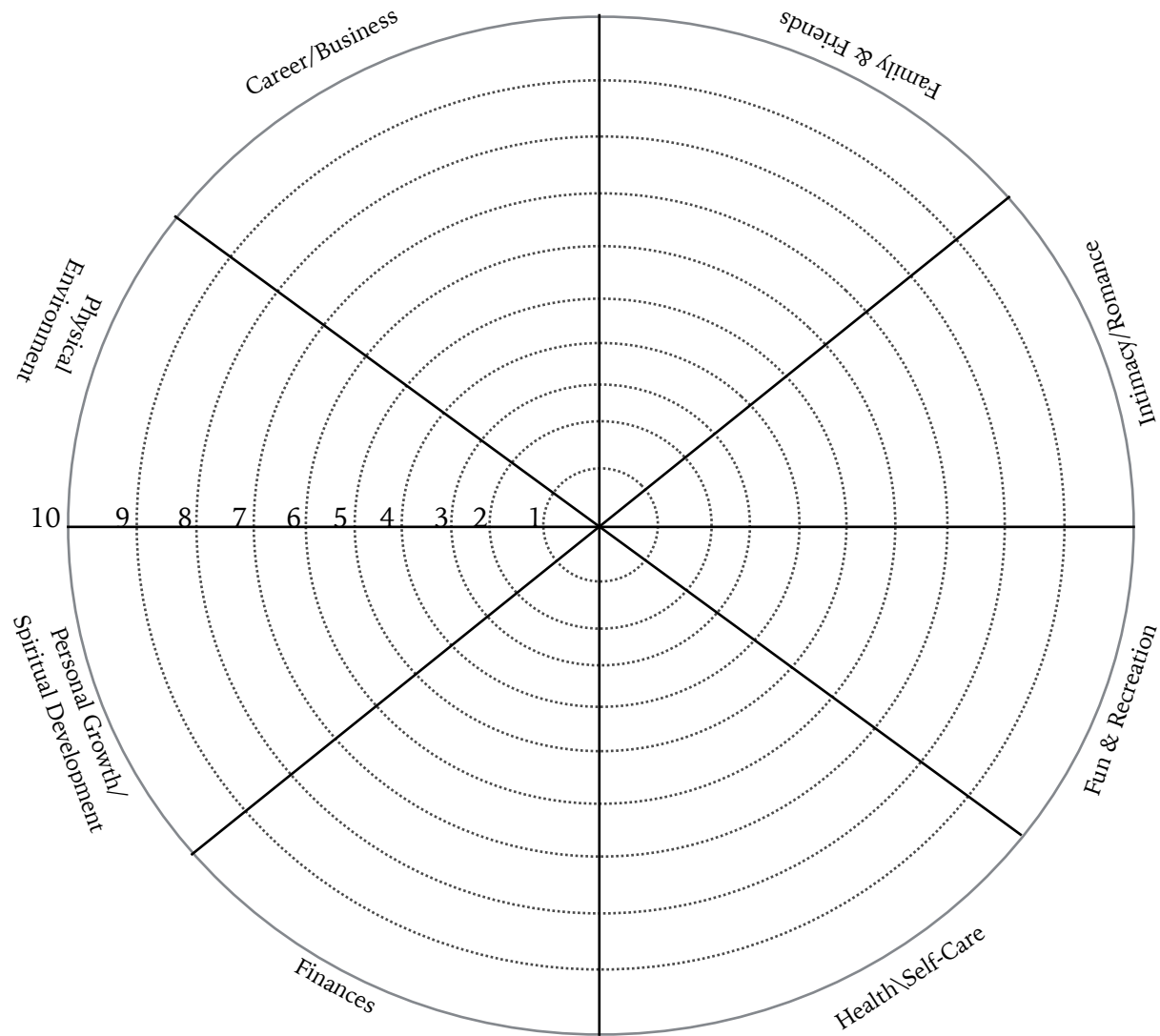


## WHEEL OF LIFE

**Directions:** The eight sections in the Wheel of Life represent different aspects of your life. Seeing the center of the wheel as 1 and the outer edges as 10, rank your level of satisfaction with each life area by drawing a straight or curved line to create a new outer edge. The new perimeter represents the wheel of your life. If this were a real wheel, how smooth or bumpy would the ride be?



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## GRAPH OF LIFE

*"The master was full of praise. 'Well done, my good and faithful servant. You have been faithful in handling this small amount, so now I will give you many more responsibilities. Let's celebrate together*

*~Matt 25:21 NLT*

**Directions:** How satisfied are you with the different parts of your life? Circle a number from 1-10 next to each of the following areas of life. A 10 indicates that you are completely satisfied and could not be happier with that part of your life. 1 means you are completely dissatisfied. Your overall satisfaction will change from day to day, but try to give an overall assessment of where you are presently. Skip any item that does not apply to you. Please join the circles together to make a graph. When this is completed, please complete the form again, but this time, put a square around your preferred position were things ideal. Once again, join the squares. Note the areas that have the largest gaps between your current reality and your preferred future. These areas indicate areas where coaching would be beneficial to you.

1	2	3	4	5	6	7	8	9	10	
										Physical Health
										Mental/Emotional Health
										Career/Employment Satisfaction
										Financial Stability
										Marriage/Romantic Relationship
										Home Life (immediate Family)
										Extended Family (Relatives, In-Laws)
										Friends/Social Life
										Recreation/Relaxation
										Lifestyle (Degree of Busyness)
										Personal Life Fulfilment
										Personal Spiritual Life
										Church/Religious Life
										Current Ministry
										Physical Comfort (Housing, Location, Cars etc.)
										Other _____
										Other _____